

Franklin County Quilters Guild

SUGARHOUSE GAZETTE

Saint Albans, Vermont

<http://www.franklincountyquilters.org>

franklincountyquilters@gmail.com



Volume 14, Issue 5
January 2022

President's Piece

I'm looking at a blank page. Time to write an article. The news has been a little bleak lately. Our quilt show has been canceled along with VQF for 2022. It occurs to me that it's a little like facing a new year. It's a blank slate, ready for whatever is coming. What will we fill our quilting time with? I'm ready to do 22 projects in 2022. I already finished a baby quilt for a friend. She had done half of it before her cancer diagnosis, and couldn't quite get it done. I put borders on it, quilted and bound the edges. Project #1! Yea! I STILL have lots of UFOs just waiting for me. I got two tops put together in the fall, now in the "to be quilted" pile.

How about you? Do you have lots of ideas, or are you facing a blank slate? I was excited to take the January workshop until I realized that it's the same day as my niece's wedding. We're going out of town for that, so I will not be able to take it. It sounds like fun, though, so I hope you will consider taking the class on Zoom. How convenient! You don't even have to leave your house! Unless you want to go to a friend's house and do it together -- I think that would be a win/win. Maybe she'll make you lunch!

I am planning to take the February workshop if the WiFi in the campground is sufficient. I have my Gnome panel picked out, along with some coordinating fabric. I see that the campground has "quilting" in its list of activities. That's great -- maybe I'll make some new friends. Maybe they will be able to show me all the local hot spots, i.e. quilt shops.

So already the new year isn't as empty. There are fun activities just waiting for me and for you. I'll be back in March, ready to get some more quilting done and check some of those UFOs off the list. Hope you have a good winter!

Piecefully,
Laurel Schaap, 2021-2022 President



Happy New Year



President

Laurel Schaap

Vice President

Teri Brunelle

Secretary

Helen Bicknell

Treasurer

Deb Dusablon

Newsletter

Sharon Perry

Programs

Cindy Metayer
Gale Obelus Weld

Project Coordinator

Diane Comeau
Lucie Fortin

Membership

Penny LaRochelle

Quilt Show

Helen Short
Teri Brunelle

Comfort Quilts Coordinator

Denise Chase

2022 Raffle Quilt

Penny LaRochelle

2022 Charity Quilt

Denise Chase

2021 – 2022 Guild Calendar

September 15th Ice Cream Social
Potholder Exchange

October 20th Christmas in October
with Member Demos
(Doors open at 6 pm; mtg at 6:30 pm)

November 17th Trunk Show
with Jean Anne Branch
and Mary Jane Marchelewicz

December 15th Holiday Fun
on Zoom

2021 – 2022 Guild Calendar

January 19th Bag Trunk Show on Zoom
with Joan Radell, Bucklebee Toolbox

January 22nd Bag Workshop on Zoom
with Joan Radell, Bucklebee Toolbox

February 16th Panel Palooza Trunk
Show **on Zoom** with Cyndi
McChesney, Cedar Ridge Quilting

February 19th & 26th Panel Palooza
Workshop **on Zoom** with Cyndi
McChesney, Cedar Ridge Quilting

2021 – 2022 Guild Calendar

March 20th Singer Featherweights and
Vintage Sewing Machines with
Barb & David Morgan

April 1st Quilt Show Set-Up

April 2nd – 3rd Quilt Show

April 20th TBD

May 18th Trunk Show
with Laurel Schaap
& Member Garage Sale

June 15th Potluck & Teacup Auction

**Franklin County Quilters Guild
December 15th, 2021 Meeting on Zoom**

The zoom meeting was called to order by President Laurel Schaap. There were 24 members present in 21 locations.

Sharon Perry moved to accept the Consent Agenda; seconded by Helen Short. Motion carried.

Programs:

- Cindy Metayer discussed the upcoming programs for January and February. Registration forms for the workshops may be found on the Guild's website. If additional information is needed, contact Cindy at cmets@hotmail.com
- Checks for the programs may be sent to Deb Dusablon at 456 Savage Point Road, North Hero, VT 05474
- The minimum number of workshop attendees has been met.
- Cindy also reported that we hope to have an in-person meeting in March when the program will be about vintage machines.

Comfort Quilts: Denise reported that she has received nine baby quilts as well as other lap quilts. She stated that these are not all quilts done with her kits, so she appreciates the member response.

Quilt Show:

- Helen Short reported that she has one form for the Members Boutique. Six quilts have been registered. The Champlain Quilt Show committee would like to combine promotional materials. Helen indicated there are issues which she will further explore.
- Raffle tickets in the amount of \$1200 have been sold with additional money from the Montgomery Craft Fair.
- Helen reported that members planning to complete a Vermont Home Challenge quilt need to fill out the same registration form as for a quilt submission.
- Information regarding volunteer opportunities is available on the Guild's website.

Membership: Membership remains at 59.

Sugarhouse Gazette:

- The deadline for submissions for the January Newsletter is December 29.
- Sharon would like holiday recipes and plans to put a Guild Holiday Recipe Booklet together.

Project:

Diane Comeau and Lucie Fortin showed their blocks. Directions for the blocks may be found on the Guild's Facebook group, FCQG Sugarhouse Club.

Other Business:

- Sharon shared that 11 people have met the 21 in 2021 Challenge. She put together a lovely package and Natalie Good was the winner.

- Sharon shared a calculation that the approximate total of projects completed is 231!
- We have a new challenge of 22 in 2022.

Door Prizes: Laretta Chalifoux won the attendance door prize.

The meeting ended with Show and Tell and a rousing game of "Never Have I Ever."

Respectfully submitted with warm wishes for a Happy New Year, Helen Bicknell, Secretary



2022 VERMONT HOME CHALLENGE

Although the quilt show has been cancelled, the "Vermont Home" Challenge is still on. For those participating, continue to work on your Challenge entry. The deadline to complete, and send a picture, remains April 1st. Stay tuned for more information. Members wanting to participate will pay \$1 for a piece of green fabric. That green fabric must be used in the quilt. The maximum size of the quilt is 96" inches in perimeter. As such, your quilt could be 24" x 24" or 12" x 36" or any size where the total measurement of all 4 sides added together is 96" or less.

**2021-2022 MYSTERY QUILT
FOR BLOCK OF THE MONTH**

Diane Comeau, the guild's Project Coordinator, introduced a mystery quilt for the 2021-2022 membership year called the "Sugarhouse Sampler." Lucie Fortin is helping Diane with the mystery. For block construction, Diane is using a light background while Lucie is doing a dark background.

Patterns for the block can be found on the FCQG Sugarhouse Club Facebook page. The patterns will also be emailed to members each month. The colors for the mystery quilt are primary colors. Some local quilt shops have packaged bundles of primary colors together for the guild's mystery quilt.



*Let it snow, let it snow,
let it snow!!!*

TREASURER'S REPORT FOR JANUARY 2022**FRANKLIN COUNTY QUILTERS GUILD****Treasurer's Report -- January 19, 2022**

Opening Balance		\$6,989.31
Funds collected		
Raffle tickets	\$292.00	
Workshop (Jan)	\$50.00	
Workshop (Feb)	\$35.00	
	<i>Total Funds Collected</i>	\$377.00
		<i>Subtotal</i>
		\$7,366.31
Funds paid out		
Cindy Metayer, 6 gift cards (Oct & Nov)	\$150.00	
Joan Radell of Bucklebee Toolbox, Jan show/wkshop	\$350.00	
Cyndi McChesney of Cedar Ridge Quilting, Feb show/wkshop	\$600.00	
Sharon Perry, postage for raffle tickets	\$11.60	
	<i>Total</i>	\$1,111.60
Grand Total		\$6,254.71

2021 Collections: \$3,223.00

Respectfully submitted,
Deborah L. Dusablon, Treasurer

JANUARY MEETING FEATURES BUCKLEBEE TOOLBOX TRUNK SHOW ON ZOOM

Joan Radell of Bucklebee Toolbox will be the guest speaker for the guild's January 19th meeting. She'll be talking about *Handbag Making From History to Tips and Techniques*. On Saturday, January 22nd, Joan will host a half-day workshop to make a 3-ring-binder type pouch. Her instruction will include different construction methods, how to resize, and how to use for different storage needs.

Joan has developed a custom pattern which provides resizing instructions. Joan is also planning a smaller project to use the scraps from the binder project. She will provide a supply list and have an optional kit of her project favorites for those interested guild members. The cost for the half-day workshop is \$25 per student.

Joan, a long-time sewer, quilter and sewing teacher, is the designer behind Bucklebee Bags, Bucklebee by Me patterns, and specialty notions offered for sale. She does her design and production at the Bucklebee Workshop in the beautiful Endless Mountains of northeastern Pennsylvania. When she's not working on new designs or making handbags, Joan enjoys cooking and baking (pies a specialty!) or puttering around her raised-bed straw garden.

Cindy Metayer is taking sign-ups for the workshop. If you are interested in taking the workshop on Saturday, January 22nd, please email or call Cindy, cmets@hotmail.com, 802-582-2164, to reserve your spot.



RECIPE CORNER

MINISTRONE WITH ITALIAN SAUSAGE

- 1 pound bulk Italian sausage
- 1 large onion, chopped
- 2 large carrots, chopped
- 2 celery ribs, chopped
- 1 medium leek (white portion only), chopped
- 1 medium zucchini, cut into ½-inch pieces
- ¼ pound fresh green beans, trimmed and cut into ½-inch quire pieces
- 3 garlic cloves, minced
- 6 cups beef broth
- 2 cans (14½ ounces each) diced tomatoes with basil, oregano and garlic
- 3 cups shredded cabbage
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- ¼ teaspoon pepper
- ½ cup uncooked small pasta shells
- 1 can (15 ounces) garbanzo beans or chickpeas, rinsed and drained
- 3 tablespoons minced fresh parsley
- ⅓ cup grated Parmesan cheese

In a Dutch oven, cook sausage and onion over medium heat until meat is no longer pink; drain. Stir in the carrots, celery and leek; cook for 3 minutes. Add the zucchini, green beans and garlic; cook 1 minute longer.

Stir in the broth, tomatoes, cabbage, basil, oregano and pepper. Bring to a boil. Reduce heat; cover and simmer for 45 minutes.

Return to a boil. Stir in the garbanzo beans, pasta and parsley. Cook for 6-9 minutes or until pasta is tender. Serve with cheese. Yield: 11 servings (about 3 quarts).

CREAMY CURRIED CAULIFLOWER SOUP

- 2 tablespoons extra-virgin olive oil, plus more to serve
- 2 medium white onions, thinly sliced
- ½ teaspoon kosher salt, plus more to season
- 4 cloves garlic, minced
- 1 large head of cauliflower (about 2 pounds), trimmed and cut into florets
- 4½ cups low-sodium vegetable broth or water
- ½ teaspoon ground coriander
- ½ teaspoon ground turmeric

- 1 ¼ teaspoons ground cumin
- 1 cup coconut milk
- Freshly ground black pepper, to season
- ¼ cup roasted cashew halves, for garnish (optional, see Recipe Note)
- ¼ cup finely chopped Italian parsley, for garnish (optional)
- Red chile pepper flakes, for garnish (optional)

Heat oil in a large pot over medium heat until shimmering. Cook the onions and ¼ teaspoon salt until onions are soft and translucent, 8 to 9 minutes. Reduce heat to low, add garlic, and cook for 2 additional minutes. Add cauliflower, broth or water, coriander, turmeric, cumin, and remaining ¼ teaspoon salt. Bring to a boil over medium-high heat, then reduce the heat to low. Simmer until cauliflower is fork-tender, about 15 minutes.

Working in batches, purée the soup in a blender until smooth and then return the soup to the soup pot. (Alternatively, use an immersion blender to purée the soup right in the pot.) Stir in the coconut milk and warm the soup. Taste and add more salt, pepper, or spices if you'd like.

To serve, ladle the soup into bowls and garnish with a handful of toasted cashews, a few springs of parsley, sprinkle of red pepper flakes, and a dash of olive oil to top.

RECIPE NOTE: To toast the cashews, preheat the oven to 350°F and lay cashews out on a baking sheet in a nice flat layer. Toast for 5 to 6 minutes, or until fragrant.

REFRIED BEAN SOUP

- 1 can (16 ounces) spicy fat-free refried beans
- 1 can (15¼ ounces) whole kernel corn, drained
- 1 can (15 ounces) black beans, rinsed and drained
- 1 can (14½ ounces) chicken broth
- 1 can (14½ ounces) stewed tomatoes, cut up
- ½ cup water
- 1 can (4 ounces) chopped green chiles
- ¼ cup salsa
- Tortilla chips

In a large saucepan, combine the first 8 ingredients. Bring to a boil. Reduce heat; simmer, uncovered, until heated through, 8-10 minutes. Serve with tortilla chips.



*January is
National Soup Month*



That is **22 Finishes in 2022!**

Join in the fun and make 22 quilted projects by the end of 2022 and your name will be entered into a special drawing held in December 2022. If you'd like to participate, fill in your name and 22 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 22 projects or you can remove a project, or swap out projects, etc...you just have to have **22 Finishes in 2022** AND you must send a picture of each project for one of the guild's monthly show and tell on Zoom. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **22 Finishes in 2022!** You will maintain your own list, but you must let Sharon Perry know you are participating. *Quilt photo courtesy of Kris Bachand.*

* * * * * Cut along dotted line * * * * *

22 Finishes in 2022

NAME: _____

1.	12.
2.	13.
3.	14.
4.	15.
5.	16.
6.	17.
7.	18.
8.	19.
9.	20.
10.	21.
11.	22.



2022 RAFFLE QUILT



Organized by Denise Chase and Sharon Perry;
Quilted by Bev Cook, Treasured Moments Quilting

[Blue Ribbon winner at the Vermont Quilt Festival](#)



January	4	Ali	Boren
January	13	Barb	Pratt
January	14	Gwen	Guyette
January	14	Deb	Trahan
January	15	Beth	Mouser
January	24	Carol	Stanley

...and many more!!!

COLORADO QUILTER WILL BE GUEST SPEAKER FOR THE FEBRUARY MEETING

Cyndi McChesney is a Colorado based quilt artist, long-arm quilter, teacher and lecturer who revels in finding simple solutions to complex questions about quilt making and quilt design. Cyndi will be doing a Zoom trunk show on Wednesday, February 16th, during the regular guild meeting. She'll also conduct her Panel Palooza workshop on Zoom for guild members.

PANEL PALOOZA WORKSHOP ON ZOOM

Saturday, February 19th 9:00 am to 11:30 am

Saturday, February 26th 9:00 am to 11:30 am

Cyndi will share her artistic, planned approach to elevate a panel into a beautiful, finished quilt. During the first Zoom session, Cyndi will share samples of her work and discuss her process and vision as she plans steps to a completed project. Class participants are encouraged to work on their own unique panel project between the two sessions. During the second Zoom session, participants will share their progress with continued discussions on the panel quilt process. Workshop cost is \$35 for guild members; cost includes both Saturday sessions.

Cindy Metayer is taking sign-ups for the workshop. If you are interested in taking the workshop on Saturday, February 19th & 26th, please email or call Cindy, cmets@hotmail.com, 802-582-2164, to reserve your spot.

QUILT TIPS

- When sewing four-patch squares, the fabric can easily become bulky instead of lying flat. To remedy this, you can make a spinning intersection. Break the thread in the middle seam of the square and fold up. Press so that the seams are all rotating around the square in the same direction.
- When you are having trouble threading the machine... put a little hair spray on the end of the thread, roll between your fingers and let it dry (a few seconds) then snip the end with sharp scissors so there are no stray whips... the hairspray will stiffen the thread just enough to help you poke it through the hole.
- Always make a scrap sample of your project to test out threads, tension, colors, and stitches.
- Chocolate is a quilting notion!

SEW ALONG DAYS TO HELP US THROUGH THE WINTER

Sew Alongs are BACK! Members enjoyed the sew alongs last membership year so the guild is bringing them back to help us get through the long, cold months of winter this year. Here's the schedule for January, February, and March:

Sunday, January 9th, 10:00 am – 4:00 pm
Thursday, January 27th, 10:00 am – 3:00 pm
Sunday, February 6th, 10:00 am – 4:00 pm
Thursday, February 17th, 10:00 am – 3:00 pm
Sunday, March 6th, 10:00 am – 4:00 pm
Thursday, March 31st, 10:00 am – 3:00 pm

Be sure to mark all the Sew Alongs for January, February and March on your calendar so you too can join in the fun!

As a reminder, the Zoom link to join will be sent out one week before the Sew Along.



MODERN QUILTING

Modern quilts are primarily functional and inspired by modern design. Modern quilters work in different styles and define modern quilting in different ways, but several characteristics often appear which may help identify a modern quilt. These include, but are not limited to: the use of bold colors and prints, high contrast and graphic areas of solid color, improvisational piecing, minimalism, expansive negative space, and alternate grid work. "Modern traditionalism" or the updating of classic quilt designs is also often seen in modern quilting.

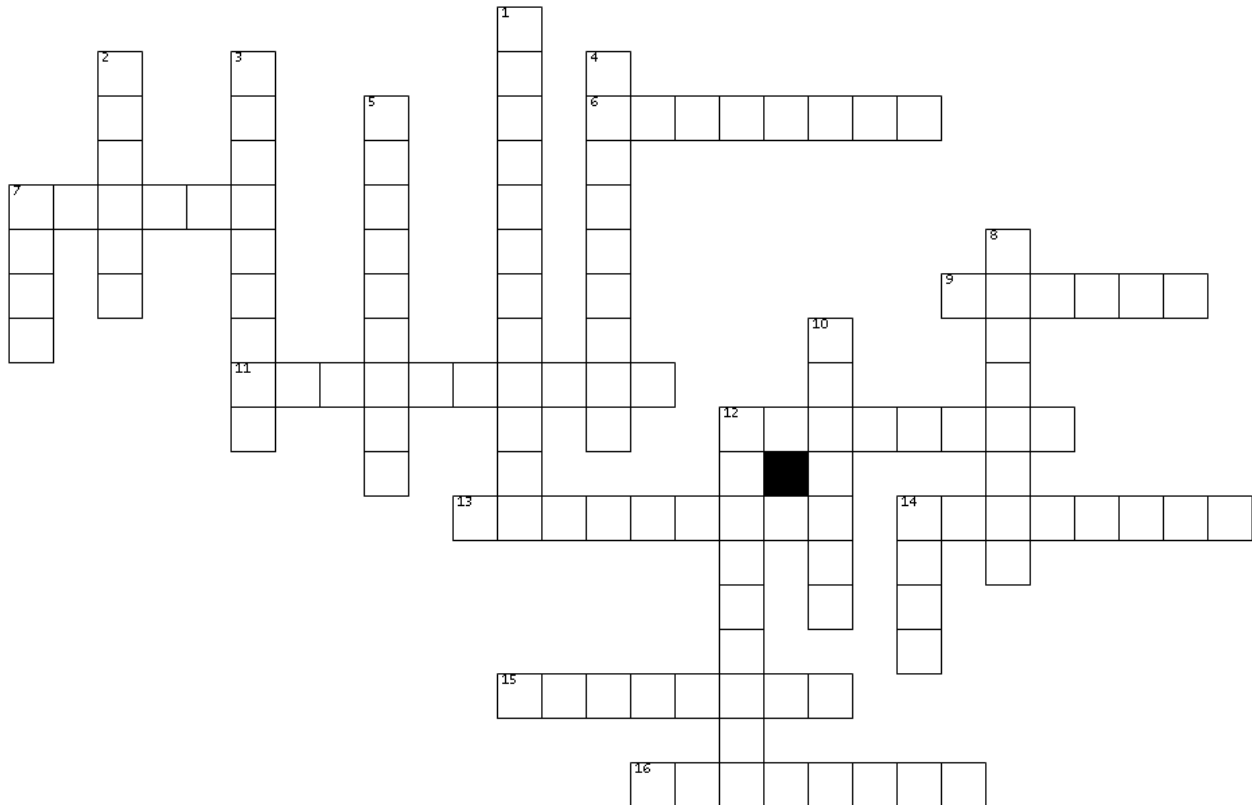
Modern quilting has existed in many forms for much of the 20th century. It wasn't until the 2000's that quilts with a modern aesthetic began to appear in greater numbers and quilters began to describe themselves as modern. A defining event occurred in 1998 when Martha Stewart Living featured Denyse Schmidt, calling her quilts a "chic, modernist aesthetic." For many quilters in the early days of the movement, this was a key inspirational moment.

The growth of the movement was facilitated by four factors: the cultural shift of quality design being recognized by the general public, affordable digital cameras, the changing fabric industry and the rise of social media. In 2002, the Quilts of Gee's Bend exhibit at the Museum of Fine Arts Houston and the publication of Yoshiko Jinzenji's book *Quilt Artistry*, further provided inspiration to a small but devoted group of modernist minded quilters.

Two influential books were published in 2005, *Denyse Schmidt Quilts* and *the Modern Quilt Workshop* by Weeks Ringle and Bill Kerr. The first online quilt alongs were established on blogs around these two books and awareness continued to increase in the online world. The Flickr group *Fresh Modern Quilts*, established in 2008, provided the first online centralized social media venue for quilters in the movement. With that flickr group and many active blogs, the online world of modern quilting took off like wildfire.

In 2009, Alissa Haight Carlton and Latifah Saafir founded the Modern Quilt Guild giving the online community a chance to form in person connections with other modern quilters. In 2013, the Modern Quilt Guild hosted its first QuiltCon, which has evolved into the largest modern quilting event in the world.

Excerpt from www.themodernquiltguild.com

JANUARY CROSSWORD PUZZLE**ACROSS**

6. One of the two zodiac signs in January
7. The coldest season of the year from December to February in the northern hemisphere
9. A public procession celebrating a special day or event and including marching bands and floats
11. A promise to do something differently in the new year
12. One of two January birth flowers
13. A heavy fall of snow, especially with a high wind
14. Winter activity of riding on a sleigh
15. Christian festival celebrated on the 6th of January
16. Very cold

DOWN

1. The formal admission of someone to office
2. One of the birthstones for January
3. One of the two zodiac signs in January
4. The most popular birth flower for January
5. Frost or frosty weather personified
7. The January full moon is called this moon
8. A severe headache or other after effects caused by drinking too much bubbly
10. Frosty
12. A single, feathery crystal of winter precipitation
14. A usually hot, liquid food made from vegetables, meat, or fish

LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

Deadline for articles for next newsletter:

Wednesday, January 26th, 2022

Please email articles to Sharon Perry, to vtquilter@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



*"New Year's Day. A fresh start. A new chapter waiting to be written."
~ Sarah Ban Breathnach*