

# Franklin County Quilters Guild

## SUGARHOUSE GAZETTE

### Saint Albans, Vermont



Volume 3, Issue 7  
March 2012

<http://www.franklincountyquilters.org>

[franklincountyquilters@gmail.com](mailto:franklincountyquilters@gmail.com)

### President's Message

**President**  
Ann Goergen-Jacobs

**Vice President**  
Roseanne Terrill

**Secretary**  
Kay Benedict

**Treasurer**  
Deb Dusablon

**Programs**  
Summer Ladd

#### **Project Coordinators**

Judy Hamilton  
Carol Stanley

**Membership**  
Nancy Orcutt

**Quilt Show**  
Summer Ladd  
Roberta Gilmour

**Charity Quilt Coordinators**  
Alyce Bushey: Home Health  
Denise Chase: Laurie's House  
Family Center  
Joanne Sweet: Breast Cancer  
Jen Letourneau: Purple Heart  
Roseanne Terrill: Quilts of Valor

Hi Everyone,

Did you enjoy Joanne Lattrell's Tips and Techniques? I heard she did a great job. I am so sorry I missed it. Thank you, Rose Terrill for handling the meeting in my absence.

The Quilt Show is less than 6 weeks away and a few items are time critical. Kay Benedict needs your registration forms and pictures to coordinate the show layout. The layout is one of the most time-consuming aspects of the Quilt Show, so help Kay by sending your registrations today. Her email address is: [KayBen1@yahoo.com](mailto:KayBen1@yahoo.com). Margaret Miller has the vendors in place. There were many "no, not this year," but Margaret persevered and has a variety of vendors participating. The auction team needs your items. Please bring them to the March meeting for Sally and Nadine. And don't forget your raffle ticket money for Dale and Diane.

Are you going to participate in the I Spy? If so, email Roberta Gilmour the business you are adopting now (must be received **prior to the March meeting**), so she can print the ballots for the March meeting. Please email Roberta at: [Gilmourvt@gmail.com](mailto:Gilmourvt@gmail.com).

June Bugbee from Sew Many Treasurers will be the speaker for the March meeting and the title of her talk is **Crazy about Scraps, etc.** She is bringing a free gift for everyone in the attendance.

I'll see you March 21<sup>st</sup>. The doors open at 6:30 p.m.

See you then.  
-Ann Jacobs

#### **2011 - 2012 Guild Calendar**

September 21<sup>st</sup> Ice Cream Social

October 19<sup>th</sup> Wool Applique  
with Diane Forey

November 16<sup>th</sup> Christmas in  
November (Members' Demos)

December 21<sup>st</sup> Holiday Potluck  
(6 pm **START**)

#### **2011 - 2012 Guild Calendar**

January 18<sup>th</sup> Trunk Show &  
Mini-Demo with Anne Standish

February 15<sup>th</sup> Tips & Techniques  
with Joanne Lattrell

March 21<sup>st</sup> Crazy About Scraps  
with June Bugbee

April 13<sup>th</sup> Quilt Show Setup

#### **2011 - 2012 Guild Calendar**

April 14<sup>th</sup> - 15<sup>th</sup> Quilt Show

April 18<sup>th</sup> Scrap Swap

May 16<sup>th</sup> Shopping Spree &  
Demo with Yankee Pride

June 20<sup>th</sup> Potluck  
Teacup Auction  
With Scrap Swap Revealed

**FRANKLIN COUNTY QUILTERS GUILD**

Minutes of February 15, 2012

Present: Total attended 41, including one guest, Joanne Lattrell.

Proceedings

Meeting called to order at 6:30 p.m. by Rose Terrill, Vice President

Secretary's Report: Motion to accept by Summer Ladd, seconded by Gisele Nolan

Treasurer's Report: "2011 YTD Collections..." corrected to read "2012 YTD Collections..." Motion to accept by Joanne Sweet, seconded by Bev Cook

Old Business**Quilt Show Prep**

- We need quilts! So far, 30 registrations have been submitted.

- Summer Ladd for Roberta Gilmour: I Spy - needs sign-ups, tonight if possible, and definitely by the end of February, so that ballots and posters can be distributed at the March meeting.

- Bonnie Evans: Volunteers - filled remaining slots at the meeting.

- Dale McFeeters and Diane Forey: Ticket Sales - Raffle tickets are slowly coming in. There are more, if needed. Turn in all tickets at March meeting.

- Sally Krupp and Nadine Froebel: Silent Auction - only 10 items submitted so far.

- Joanne Sweet: Charity Quilts - Save some for display at show entrance. We would like to include at least one Irene quilt. Margaret Miller suggested displaying one of each type (QOV, Purple Heart, Breast Cancer, Home Health, etc.) with photos of others. Hannaford will display charity quilts.

- Summer Ladd: Fat Quarter basket - Susie Perry will take fat quarters to Gwen Guyette.

- Next Quilt Show meeting on Sunday, February 19 (at the Charity Quilt Bee at NMC) at 11:00.

**Charity Quilt Bees:** Scheduled for Sunday, February 19 and 26, 11 am to 5 pm, in the NMC conference room.

Sharon Perry sends her thanks to everyone. She is anxious to be back.

New Business

- Suzanne is selling raffle tickets for a quilt. Contact her for details.

- Margaret Miller announced that there is a new (never unpacked) embroidery machine for sale for \$7500 (originally \$10,000) on Craigslist.

Program: Joanne Lattrell of Champlain Valley Quilters Guild presented Tips and Techniques.

Block of the Month

- March block: "Fair Play" - black print and red print with white-on-white background. Be careful about placement, especially in the corners (should form pinwheels). Use diagram as a guide.

- February Drawing: 11 blocks made; Sally Krupp won the drawing.

Other Monthly Drawings

- Monthly door prize won by Bonnie Evans

- Charity quilt drawing won by Alyce Bushey

Show and TellOther Business

Rose read a thank-you note from Voices Against Violence (Laurie's House).

Meeting adjourned at 8:30 p.m.

Next meeting: March 21, 2012 at 7 pm. Program will be Scrap Quilts, with June Bugbee, and final Quilt Show prep!

Minutes submitted by Kay Benedict, Secretary

**2011 -2012 MONTHLY WINNERS:**

September: BOM Raffle: Carol Stanley

Door Prize: Judy Hamilton

Charity Quilt: Gail Darling

October: BOM Raffle: Carol Bessette

Joanne Sweet

Door Prize: Carol Bessette

Charity Quilt: Marge Taylor

November: BOM Raffle: Summer Ladd

Kris Bachand

Door Prize: Mary Ellen Thierren

Charity Quilt: Sally Krupp

December: BOM Raffle: Nancy Orcutt

Door Prize: Jan Crane

Charity Quilt: Char Mulyca

January: BOM Raffle: Maggie Stockwell

Linda Nadeau

Door Prize: Denise Chase

Charity Quilt: Shirley Babcock

February: BOM Raffle: Sally Krupp

Door Prize: Bonnie Evans

Charity Quilt: Alyce Bushey





## MARCH 2012 BLOCK OF THE MONTH: FAIR PLAY

Pattern from [www.quilterscache.com](http://www.quilterscache.com)

**Black Print, Red Print, and White on White background**

If you have any questions, call Carol Stanley, 849-2949.

**Click the link below for block pattern**

<http://www.quilterscache.com/F/FairPlayBlock.html>

### MONTHLY MEETING FORMAT

6:30 pm	Doors open Sign-up for raffle BOM block Sign-up for monthly drawing Sign in & pick up name tag
7:00 pm	Business meeting Show and Tell Short break as appropriate Program for the evening

### 30 DAYS AND COUNTING

The 2012 Quilt Show is only 30 days away, and the planning and preparations now kick into high gear. Although there is a committee overseeing the planning, we depend on all guild members to ensure the quilt show is a huge success. Continue reading to see how you can help.

- **We need QUILTS!** It's all about the quilts!!! As of this newsletter, we have 78 quilts registered with 5 more promised. We'll need a few more to break the 100 mark. And don't forget about the Turning Twenty Challenge. If you plan to enter the challenge, there will be a space on the registration form to include when you joined the guild. Click the link at the bottom of this page for a registration form. Fill out a registration form and send it to Kay via email. If you need a picture of your quilt, we can take one at the March meeting.

- **We need donations!!!** The Silent Auction needs more items for the **Silent Auction** table...right now

the coordinators, Nadine Froebel and Sally Krupp, report 10 donated items. Table runners/toppers, matching placemats and napkins, bags and totes, wall-hangings, quilt kits, and gift baskets have all been popular sellers in the past. We also need donations for the **door prize**. The door prize can be won by a non-quilter so items like candles, soaps, lotions, tea, coffee, etc., are always welcomed. If you have an item to donate, give them to Summer Ladd. Finally, we need **fat quarters** for the basket of FQs we use as a prize for the raffle. If you have any fat quarters, please give them to Gwen Guyette.

- **We need your raffle tickets!!!** Dale McFeeters is the raffle ticket coordinator this year. She asks that each member return the raffle tickets and money for the tickets in an envelope with the member's name written on the outside. Dale wants to be sure to properly credit the returned tickets and money to the correct member and avoid making unnecessary telephone calls looking for unreturned tickets. As a reminder, each member is required to sell (or buy) two books of raffle tickets to remain a member in good standing. ALL tickets need to be returned to Dale by the March meeting

- **We need I Spy Quilts sponsors!!!** Roberta Gilmour needs to have more members sign up for the I Spy Quilts displays in the businesses **BEFORE** the March meeting. If you are interested in providing a quilt to hang in a business window and working directly with the business to get it hung, please email Roberta [Gilmourvt@gmail.com](mailto:Gilmourvt@gmail.com) or call her at 802-372-5531.

**Click this link for the Quilt Show registration form:**

<http://www.franklincountyquilters.org/fcggregistration.doc>

### QUILT TIP

Go to the local hardware store, and have them cut Plexiglas squares to use as squaring-up rulers for your quilt blocks. You can have multiple sizes as they only cost a couple of dollars for even the biggest sizes. You can also have a hole put in each square to hang it in use. This sure beats the cost of rulers intended to square up quilt blocks.

# ANNUAL FCQG 2011-2012 UFO CHALLENGE

- 1) Make a list of up to 8 UFOs (to be a UFO, it must be at least cut – new projects don’t count – hence the name UN-FINISHED OBJECTS)
- 2) Turn the list in to Nancy Orcutt (**THERE’S STILL TIME TO JOIN THE FUN!!!**)
- 3) Check in monthly with Nancy and either bring a finished object for Show & Tell, or bring a photo
- 4) The last month for check in is May
- 5) Prizes will be drawn in June

If there are questions, call Nancy at 524-4511 or email [NLORCUTT08@GMAIL.COM](mailto:NLORCUTT08@GMAIL.COM)

Name: \_\_\_\_\_

## UFO LIST

OCTOBER \_\_\_\_\_

NOVEMBER \_\_\_\_\_

DECEMBER \_\_\_\_\_

JANUARY \_\_\_\_\_

FEBRUARY \_\_\_\_\_

MARCH \_\_\_\_\_

APRIL \_\_\_\_\_

MAY \_\_\_\_\_

EDITOR’S NOTE: Nancy Orcutt has graciously volunteered to coordinate this year’s UFO challenge. If you want to participate, follow the rules listed above. Even though the rules say to turn your sheet in at the October meeting, Nancy will accept the form whenever you turn it in. This is a great motivator to get some of those UFOs “cluttering” your quilting area finished so you can go out and buy more fabric. Every guild member is “challenged” to list all your UFOs...let’s see how many UFOs the guild as a whole can complete by next May.

**Deadline for articles for next newsletter:**

**Wednesday, March 28<sup>th</sup>, 2012**

Please email articles to Sharon Perry, [vtquilter@gmail.com](mailto:vtquilter@gmail.com), or mail to PO Box 517, Montgomery Center VT 05471

## FEBRUARY 2012 TREASURER'S REPORT

The treasurer's report was not available before publication of this newsletter.  
Deb Dusablon will present the report at the guild meeting.

### ***“FOR SALE” TABLE RETURNS IN MARCH***

**I have good news...the “For Sale” Table will be set up once again at the March meeting. If you have any donations, plan to bring them to the March meeting.**

#### **They Teach It at Stanford**

by Sharon Rose, March 2011 Newsletter,  
Business & Professional Women of Nevada County

In an evening class at Stanford, the last lecture was on the mind-body connection – the relationship between stress and disease. The speaker (head of psychiatry at Stanford) said, among other things, that one of the best things that a man could do for his health is to be married to a woman whereas for a woman, one of the best things she could do for her health was to nurture her relationships with her girlfriends. At first everyone laughed, but he was serious.

Women connect with each other differently and provide support systems that help each other to deal with stress and difficult life experiences. Physically this quality “girlfriend time” helps us to create more serotonin – a neurotransmitter that helps combat depression and can create a general feeling of well-being. Women share feelings whereas men often form relationships around activities. They rarely sit down with a buddy and talk about how they feel about certain things or how their personal lives are going. Jobs? Yes. Sports? Yes. Cars? Yes. Fishing, hunting, golf? Yes. But their feelings? Rarely.

Women do it all of the time. We share from our souls with our sisters/mothers, and evidently that is very good for our health. He said that spending time with a friend is just as important to our general health as jogging or working out at a gym.

There's a tendency to think that when we are “exercising” we are doing something good for our

bodies, but when we are hanging out with friends, we are wasting our time and should be more productively engaged – not true. In fact, he said that **failure to create and maintain quality personal relationships with other humans is as dangerous to our physical health as smoking!** So every time you hang out to schmooze with a gal pal, just pat yourself on the back and congratulate yourself for doing something good for your health! We are indeed very, very lucky. Sooooo...let's toast to our friendship with our girlfriends. Evidently it's very good for our health.

*Editor's Note: Thanks to Ann Jacobs for sending this article for inclusion in the guild newsletter.*

### **RECIPE CORNER: POTATOKUGELI**

With the recent death of my sister, my family has been reminiscing and pulling out family photos and recipes. This is a Lithuanian dish my father used to make when I was a small child.

6 potatoes, baking size

1 teaspoon salt

12 to 14 slices bacon and fat after cooking

1 tablespoon flour

½ medium onion

4 eggs

Grate potatoes and onions. Pour off any liquid. Set aside. Mix flour and salt together; sprinkle over potatoes and onions to keep from getting dark.

Sautee bacon; pour bacon and fat over potato mixture. Separate eggs; mix yolks with potatoes. Beat egg whites stiff; fold into potatoes. Pour into greased loaf pan.

Bake at 350 to 375 degrees for 1 hour.

### AND MORE QUILT TIPS

- To keep your machine running better, each time you change the bobbin, remove the throat plate, and clean the entire area with a small lint brush. Do not use the cans of compressed air, or blow into the machine yourself, as these methods can push lint in further, and can create moisture inside the machine.
- Use an empty fabric bolt board, pin 3 wide elastic bands around the board. When you travel to classes, slide your rotary rulers under the elastic bands and the strength of the board will protect your rulers from breaking.
- Use water soluble thread to baste your quilts. When you're done quilting, just soak quilt in the washing machine, run the spin cycle, and block to dry. You won't have to pick out all those pesky threads!
- Round wooden toothpicks are a useful tool for needle-turn applique; moistening the tip can help grab a seam allowance to turn under, especially when coming up to a point. They're easy to find in the grocery store or dollar store. Because they come in a neat little plastic box, they are very convenient to put in your sewing kit.
- Use a clear acrylic clipboard at classes and on retreats as a substitute for a bulky light box. Just clip (or tape) the pattern to one side, hold the clipboard over a light source or window and trace away! These clipboards are available at discount and office supply stores.

Franklin County Quilters Guild  
 c/o Sharon Perry  
 PO Box 517  
 Montgomery Ctr VT 05471

Don't forget to bring:  
 Completed Quilt Registration Forms  
 Donations for Silent Auction, Door Prize, and FQ Basket  
 Completed Block of the Month (see page 3)  
 Items for Show and Tell

