

FRANKLIN COUNTY QUILTERS GUILD – October 2025

ECONOMY BLOCK or SQUARE IN A SQUARE

This block is great for fussy cutting center of block. Think about using this block with holiday fabrics or even baby quilts for “I Spy” quilts.



Cutting Instructions for a 12 ½” finished block

Fabric A: Cut 1 – 6 ½” Square for Center fabric (may want to fussy cut)

Fabric B: Cut 2 – 5 ½” Squares, cut both squares diagonally for total of 4 triangles

Fabric C: Cut 2 – 7 1/2” Squares, cut both squares diagonally for total of 4 triangles

Note: If using a directional fabric, make certain to cut one square diagonally and the other square on the opposite diagonal direction.

Sewing Instructions

Fold Fabric A square in half (both directions) and crease the center of the square

Fold Fabric B (the 5 ½” triangles) in half to mark the center.

Fabric B: Center the long edge of the triangle on the top of the square, matching the centers, right sides together. Sew ¼” seam

Repeat on the opposite side. Press toward the triangles.

Trim off the overhanging triangle edges along the square’s edge.

Repeat with the other two Fabric B triangles for the sides.

Square Up: Square to 9”, making certain you are squaring ¼” away from the center square’s corner edges. Our first sewn square should measure 9” (inside center square should measure 6”).

Repeat the above process with Fabric C (the 7 ½” square’s set of 4 triangles).

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Trim block to 12 ½", making certain to once again trim ¼" away from inside square's corner edges

Helpful Resources:

Catbirdquilts.wordpress.com – Tutorials – Economy Block Any Size

AGF Quilt Block Collection: Economy Quilt Block Tutorial

<https://youtu.be/fc58isK1J9g?feature=shared>